VISITING HARAMAIN SHAREEFAIN

GUIDELINES AND ETIQUETTES



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In the name of Allah, The Most Gracious,
Most Merciful. All praise is due to Allah, the
Lord of the worlds.

Peace, blessings and salutations be upon our Master, Nabī Muḥammad

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General Advice:

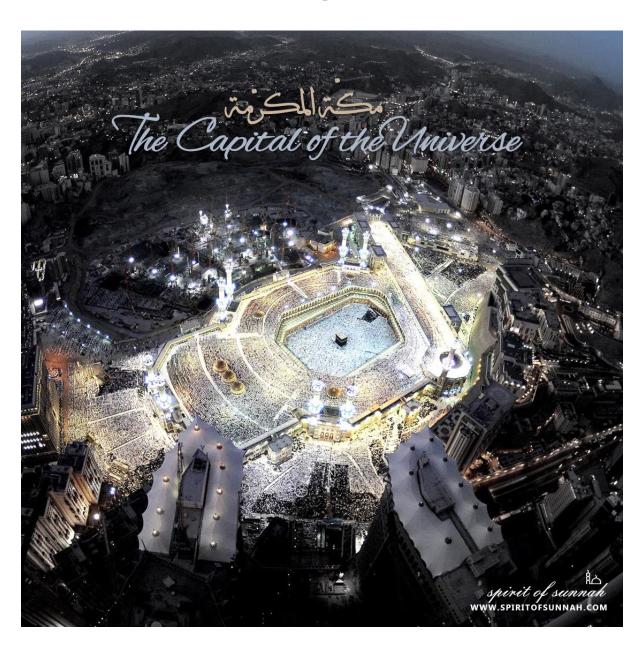
When visiting Haramain Shareefain

- Prepare physically, emotionally and mentally well in advance of one's trip.
- Remember one's sins. Seek forgiveness and have hope of forgiveness. Go with a heart filled with regret and helplessness.
- Remember the objective of one's journey to gain the love of Allah Ta'ala and Rasulullah ...
- One should be extremely cautious not to do any action that may destroy his Hajj/Umrah. Abstain from all sins – major or minor.
- All Hujjaaj are the guests of Allah Ta'ala. By casting evil glances at somebody's guests, one will in actual fact be causing disgrace and dishonour to the host.
- Give time to Muraaqabah (Meditation).
- Regard whatever conditions that come upon one as a blessing and a means of khair. Never complain if one is inconvenienced in any way. Consider yourself unworthy and undeserving of undertaking such a blessed journey.
- Don't waste time in unnecessary or frivolous activities such as reading the news/following sports etc.
- Be careful of entertaining bad thoughts of the people who reside there or are visiting. No matter who the person is, try and entertain good thoughts. Don't pass remarks such as "The

Pakistani people / Indian people are not paak saaf" etc. as this becomes gheebat (backbiting) of the entire population of Pakistan and India. This is a very great sin.

- Engage in abundant Istighfaar for not conforming to the Sunnah. We take showers, but the Sunnah is to sit and take a bath. We use the high pan toilet, when the Sunnah is to use the low pan. We don't even realise that we are not doing things in conformity to the Sunnah.
- Be cautious of the food one consumes. Ensure that the food is Halaal and pure.

MAKKAH MUKARRAMAH



Makkah Mukarramah:

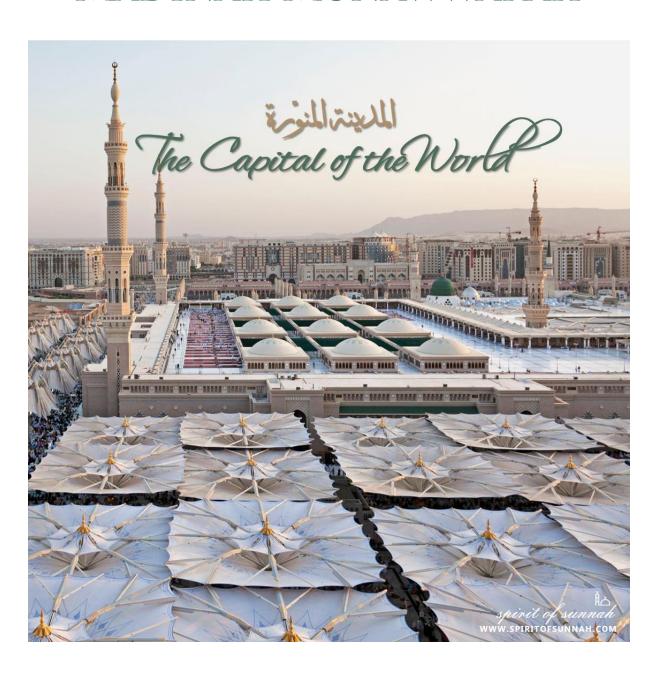
Etiquettes and Muraaqaba

- Bear in mind that you are visiting the 'Capital of the Universe'.
- There are three things that one can take as 'gifts' for Allah Ta'ala as He does not have them in His treasures:
 - 1. Aajizi (Weakness)
 - 2. Nadaamat (Regret)
 - 3. Gunaas (Sins)
- When one's gaze falls on the Ka'bah Shareef for the very first time, then one should ask Allah Ta'ala to bestow him with His Supreme Being. Then supplicate to Allah Ta'ala saying:
 - "O Allah. I am unworthy and undeserving, but You are the One Who grants even those who are unworthy."
- When making Tawaaf, consider oneself extremely fortunate to be walking upon the ground that all Ambiyaa (alayhimus salaam) walked upon.
 - Hazrat Hakeem Saheb RA would always recite the following couplet, originally in Urdu:
 - 'Where I am deserving of the good fortune to make Tawaaf of Your House? O My Lord! Am I awake or is this just a dream?'
- Whilst performing Tawaaf, the ruling is that one should keep one's gaze lowered. One should not look directly at the Ka'bah Shareef

Outside of Tawaaf, to look at the Ka'bah Shareef is also rewarding.

• Nafl Tawaaf is optional - To be touched by men is Haraam. Therefore if a woman does not make Nafl Tawaaf to protect her Hayaa (modesty) and avoid being in physical contact with men, she will get the Muhabbat (Love) of Allah Ta'ala and great rewards also because of her concern not to fall into Haraam and displease Allah Ta'ala.

MADINAH MUNAWWARAH



Madinah Munawwarah:

Etiquettes and Muraaqaba

- Bear in mind that you are visiting the 'Capital of the World'.
- Don't delay to make Salaam. Go as soon as possible. A father waits for his son when he comes to his home town.
- Every Monday and Thursday, our complete profile is presented to Nabi so he is fully aware of our background (ie: our Khidmat of Deen, our deeds, etc) when we go for Ziyarah.
- Ponder over the following:
 - I am going to present myself to my Nabi . He knows me, my name, the amount of time I have spent in his effort.
 He knows me personally.
 - I am going to make Ma'zirat To present my case and excuses. To apologise for my weaknesses.
 - I did not make the purpose of his life the purpose of mine.
 - I spoilt everything that I was given. I was afforded honour and respect through the Musallah and Imaamat which he gave to me, through the Quran Shareef that he brought, through the Bayaans of his Ahaadith, through his Effort of Deen, yet I did not fulfil them adequately.

- Try to make Salaam without a Kitaab. Do it with true love and feeling from the heart.
- While reciting Durood Shareef ponder that my Nabi sistening at me when I pass by him and he is listening to me.
- When Sahabah (R.A) had any difficulty or worry, they would run to him, look at his beautiful countenance and pour their heart out to him.

A Sahabi came to ask for permission to make zina. Nabi placed his blessed hand on his chest and made Du'aa for him saying: "O Allah. Purify his heart and keep him chaste." He was never inclined to zina again.

A Sahaabiya complained to him of her husband divorcing her using words of Jaahiliya. The opening verses of the 28th Juz were revealed saying that Allah Ta'ala had heard her and made a way out for her from her difficulty.

Ponder over the following:

- I am also here to pour out my feelings to you, O my Beloved Nabi. Who else do I talk to about the condition of my heart? How many nights were there in which you cried for me in this very same room before which I am standing now.
- Speak to him like how a little child pleads and begs from his parents for a sweet.
- Pour out your heart to him. Tell him that you love him and that you want him to love you even though you are not worthy of it.

- Stand before him like a beggar. Ask for forgiveness and pledge to obey and follow his Sunnah.
- Ask Nabi sto cast one Nazr (glance) of Shafqat and Love towards you. Ponder over the following:
 - Giants of Kufr came to his city with kufr and they knew that they will get something from him.
 - A Sahaabi tugged on his shawl and he gave it to him.
 - Khalid bin Walid (R.A) came after having caused so much of hurt to him, yet he embraced him with love and compassion.
 - Wahshi (R.A) came after having killed his uncle, yet he forgave him and embraced him too.
 - Address him and say:
 - "O My Nabi. You showered them with your Nazr (glance) of love and compassion despite them coming with kufr. I have come with Imaan and belief in you. Therefore, shower me with one glance too."
- Nabi si Rahmatul-lil-Aalameen. Tell him that you have heard of his softness, mercy and compassion. Tell him that you know that nobody returns from his court empty handed.
- Stand there or sit nearby and whisper to him. Describe his beauty and feel the connection.
- Present yourself before him as an Ummati and a representative of the Ummah. Present to him a report of the state and plight of the Ummah.

- Read so much of Durood Shareef that Nabi Sallallaahu 'alaihi
 wasallam becomes surprised and happy by the amount being
 conveyed and also desires our visit.
- Make this Du'aa constantly:

"O Allah, grant me the Ma'rifat of Rasulullah "...".

- Try and read 500 Durood Shareef after every Fardh Salaah.
- The shortest Durood is:

"Wa Sallallahu alan Nabiyyil ummi"

Continue reciting as much as possible:

"As Salaatu was Salaamu alayka Ya Rasulallah"

Useful Links:

Audio Files and PDF's pertaining to Haramain Shareefain. Click on the Links below

PDF:

- The Etiquettes of Visiting Haramain Shareefain
- Guidelines for those Performing Hajj & Umrah
- The Status of Rasulullah (Sallalahu alayhi wa Sallam)
- Aspects Pertaining to Durood Shareef
- Salawaat upon Rasulullah (Sallalahu alayhi wa Sallam)
- Rights of Rasulullah (Sallalahu alayhi wa Sallam)
- A concise book on The Seerat of Rasulullah (Sallalahu alayhi wa Sallam)
- The Pathway to Madinah Munawwarah : Ml Abul Hasan Ali Al-Nadwi (R.A)
- In the Court of Rasulullah (Sallalahu alayhi wa Sallam): Hazrat Hajee Farouk Saheb (R.A)
- Hajj: A Pillar of Islam
- The Spiritual Hajj
- Madinah Munawwarah : Virtues & Etiquettes
- Spiritual Guidelines : Madrasah Taleemuddeen
- At the Waterfalls of Mercy
- Making the Most of one's Ziyaarat
- Visiting the Beloved (Sallalahu alayhi wa Sallam)

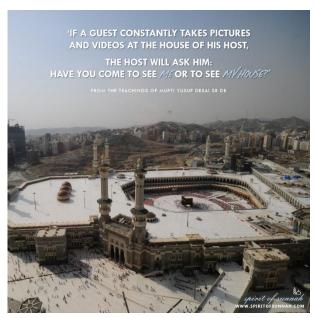
Audio:

- A Journey of Love : Hazrat Ml Yunus Patel Saheb (R.A)
- Seerah of Nabi (Sallalahu alayhi wa Sallam) : Hazrat Ml Abdul Hamid Ishaq Saheb (D.B)
- Love of Nabi (Sallalahu alayhi wa Sallam): Hazrat Ml Abdul Hamid Ishaq Saheb (D.B)
- Departing Madinah Munawwarah for Makkah Mukarramah : Mufti Yusuf Desai Saheb (D.B)

Ash'aar (Poetry):

- The Outstanding Qualities of Rasulullah (Sallalahu alayhi wa Sallam)
- Diyaare Madinah The Land of Madinah Munawwarah
- Ya Jibaalal Haram The Mountains of the Haram Shareef
- Walking to Madinah Munawwarah in The Footsteps of Rasulullah (Sallalahu alayhi wa Sallam)
- Ye Subhe Madinah The Beautiful Dawn of Madinah Munawwarah
- Haramain Shareefain There isn't Anyone For me Besides You (O Allah)









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